



Media Release: Thursday November 26, 2015

Arena is home to addictive reality TV screening FIRST and Express from the U.S!

Foxtel's Arena is the home of addictive reality and is heating up with sizzling new and returning seasons all screening FIRST and Express from the U.S.

Foxtel's first run agreement with Bravo ensures Arena has all your must-see favourites two years ahead of any other channel locally. Viewers will not see any new or current series of Arena's hit shows anywhere else until two years after the Foxtel premiere.

New series on Arena include the highly anticipated sixth season of ***The Real Housewives of Beverly Hills***, ***The Real Housewives of Atlanta*** season eight, ***Vanderpump Rules*** season four, ***Top Chef*** season 13, ***Untying the Knot*** season two. Plus, from Maryland's fabulous best-kept secret to the truly over-the-top Lone Star State, Arena brings you two new elite Housewives franchises, ***The Real Housewives of Dallas*** and ***The Real Housewives of Potomac***. Also screening first and Express from the US, is the newest luxury travel series ***Après Ski***, and the sexiest work out series, ***Work Out New York***, that will make you break a sweat.

The Real Housewives of Beverly Hills S6 premieres Wednesdays from December 2 at 8:30pm

The Real Housewives of Beverly Hills returns for season six with jaw-dropping bling, wild fun, shocking drama and a few surprises along the way as **Lisa Vanderpump**, **Kyle Richards**, **Yolanda Foster**, **Lisa Rinna** and **Eileen Davidson** are joined by new housewives **Erika Girardi** and **Kathryn Edwards**. This season, Yolanda's struggle with Lyme disease continues as she goes to extremes in search of a cure, which leads the other women to question her actions. Longtime friends, Lisa Vanderpump and Lisa Rinna, are also in the crossfire as gossip and secrets erupt into a deeply personal conflict between the two. New to the group, Kathryn tries to befriend Erika, but they quickly become embroiled in their own drama and sparks fly when they start speaking the truth. Kyle is just trying to keep her head above water while expanding her store, maintaining friendships with the women and dealing with unexpected personal matters. Reeling from the recent death of her father-in-law, Eileen seeks a much needed apology after questions and details about her marriage arise from another housewife. Whether driving Ferraris in Italy, staying at a glorious house in the Hamptons or receiving VIP treatment at the world's tallest building in Dubai, nothing will keep the Beverly Hills housewives from shedding tears and hurling accusations while still keeping up impeccable appearances.

Top Chef S13 premieres Fridays from December 4 at 9:30pm

Now in its 13th season, ***Top Chef*** returns with an epic gastronomic road trip up the coast of California. With nearly 1000 miles traveled, the unprecedented six-city expedition challenged the cheftestants' culinary skills like never before as they journey across the Golden State, stopping in Los Angeles and San Francisco, where the series first began, along with San Diego, Santa Barbara, Oakland and the Greater Palm Springs area. Returning to the judges table for season 13 are host **Padma Lakshmi** and head judge **Tom Colicchio**, alongside judges **Gail Simmons**, **Richard Blais** and **Emeril Lagasse**. From cooking for top food writers under the Hollywood sign to serving MC Hammer on the Oakland waterfront and Chrissy Teigen in Palm Springs, the chefs go knife-to-knife in iconic destinations and agricultural regions across the state to prove they have what it takes to out-cook their competition.

Work Out New York premieres Mondays from December 7 at 9:30pm

Arena will have you breaking a sweat Mondays at 9:30pm from December 7, when **Work Out New York** premieres. The series goes inside the sexy and exclusive world of elite fitness training in New York City. Following the lives of a group of the city's hottest trainers, **Lindsey Clayton, Joe Lazo, Layla Luciano, Lena Marti, Noah Neiman, Courtney Paul and Holly Rilinger**, the series sheds light on a group of high-end personal trainers, where competition for landing top clientele tests even the deepest of friendships. From rivalries to romance, these friends and colleagues know they can't be afraid to break a sweat to make their dreams of success come true. With the landscape of the fitness world changing at lightning speed, the trainers can't miss a beat or they may find themselves trying to catch up. The battle for who is on top never ends and if they can't keep their professional jealousies, disagreements and romances in check, the group's intensity level could go sky high.

The Real Housewives of Potomac premieres Mondays from January 18 at 9:30pm

Just up the river from our nation's capital lies a hidden gem, Potomac, Maryland. Its rolling hills, gated mansions, sophisticated prep schools, and exclusive country clubs all serve to keep the area invitation-only. Sprinkled throughout this community are a handful of old-line, wealthy African-American families who have historically broken racial barriers to provide the best life possible for their children. **The Real Housewives of Potomac** follows the upscale lives of six intriguing, well-to-do women: **Gizelle Bryant, Katie Rost, Karen Huger, Charrisse Jackson-Jordan, Robyn Dixon, and Ashley Darby**, all of whom have fought for their places in this society by way of legacy or marriage. In a town where entry is granted only through class, pedigree, and lineage, how far will these ladies go to secure their spot at the top of this prestigious circle?

The Real Housewives of Dallas premieres 2016

The Real Housewives of Dallas follows a group of sophisticated southern socialites, as they claw their way to the top of the city's social scene. The series gives an exclusive look into their glamorous galas, scintillating scandals, and enormous egos, to prove exactly why everything is bigger in Texas.

Premiering FIRST and Express from the U.S. on Arena:

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Top Chef S13 premieres Fridays from December 4 at 9:30pm

Work Out New York premieres Mondays from December 7 at 9:30pm

The Real Housewives of Potomac premieres Mondays from January 18 at 9:30pm

The Real Housewives of Dallas premieres 2016

Continuing series screening FIRST and Express from the U.S. on Arena:

Vanderpump Rules S4 screens Tuesdays at 8:30pm

Après Ski screens Tuesdays at 10:00pm

The Real Housewives of Atlanta S8 screens Mondays at 8:30pm

Untying the Knot S2 screens Thursdays at 9:30pm

Million Dollar Listing Los Angeles S8 screens Sundays at 7:30pm

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About Arena

Watch What Happens! ARENA brings you the biggest names and the best that Hollywood and the world have to offer. Quality hit shows and the best in exclusive Australian television premieres. FASHION, BEAUTY, FOOD, DESIGN, GOSSIP and dangerously addictive REALITY. ARENA is HOME TO THE HOUSEWIVES - including the glamour and glitz of THE REAL HOUSEWIVES OF MELBOURNE. Plus all your favourites like PROJECT RUNWAY, ENTERTAINMENT TONIGHT, DAYS OF OUR LIVES and THE YOUNG AND THE RESTLESS. You can't help but Watch What Happens!



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